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| ***Name of Lesson Goes Here***  Date: *10/03/2014* | | | Teacher: ***Beth Henley*** | |
| School: ***Roosevelt Elementary*** | |
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| Class: KIN 355 Grade Level:1st grade  Time: | | Equipment Used: Parachute, dodgeballs | | |
| Targeted NASPE Standard(s): 1,2,5,6 | | | | |
| Specific Objective: *Learn how to work together to get the parachute moving evenly and keep the dodge balls on top of the parachute* Concomitant Objective: *Learn how to have fun while bonding through teamwork* | | | | |
| Time | Procedures Followed | | | Materials |
| \_\_\_\_\_ Minutes | Warm Up: | | |  |
| \_\_\_\_\_ Seconds | Transition: | | |  |
| \_\_1\_\_\_ Minutes | Set Induction: “Raise your hand if you have ever played with a parachute before. Now raise your hand if you have ever tried to keep something in the air. Today we are playing with a parachute while trying to keep 3 dodge balls on it at all times. We will also try to use our teamwork to grow the parachute up and sit underneath it.” | | |  |
| 1 \_\_\_\_\_ Minutes | Learnable Piece: *Learning how to listen to directions, use teamwork to keep the balls on top, and work together to keep the parachute evenly.* | | |  |
| \_\_\_1\_\_ Minutes | Presentation of New Material/Directions: *Today we will be playing with the parachute. First we will learn how to control the parachute so it is even. Then we will try to keep 3 dodge balls on the parachute at all times. The last thing we will play is trying to all fit underneath the parachute when it is full of air. When it is time to switch, I will blow the whistle and I want you all to stop what you are doing.* | | |  |
| \_\_\_30\_\_ Seconds | Transition: *Everyone form a circle around the parachute and when I say go grab onto a handle and wait until further instructions.* | | |  |
| 5 \_\_\_\_\_ Minutes | Activity: *(please describe the location, structure, and protocols that you will use to organize and conduct your lesson) We will be playing with a parachute in the middle of the gym class and tossing around dodge balls on top of it. I will blow my whistle whenever it is time to change games. They students will not be allowed to get wild. They will have to control the parachute and keep the dodge balls on top of it at all times.* | | |
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| \_\_\_1\_\_ Minutes | Possible Modifications: *If they get tired to fast or bored of these games, we can play a game where the students count to 3 and I name something that they have on or do and they have to run underneath the parachute to a different persons spot before the parachute comes down.* | | |  |
| \_\_\_\_\_ Minutes | Lesson Review: | | |  |
| Notes: | | | | |